



LITTLE SISTERS *of the* POOR ST. AUGUSTINE HOME

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Our MISSION is to offer the neediest elderly of every race and religion a home where they will be welcomed as Christ, cared for as family, and accompanied with dignity until God calls them to himself.

It Started with a Blouse!

It is said that you can make friends more quickly by becoming interested in other people than you can trying to get people interested in you. It did not take Evelyn and Agnes long to bind together in a remarkable friendship.

When Evelyn arrived in our Home, Agnes took interest. "When Evelyn arrived she was so thin and came in without any clothing. I had more than I needed, so I brought her a blouse." Evelyn agreed, "Yes, she did". And they have been friends ever since that time."

Agnes is from England. When Evelyn moved into St. Augustine, she was the first African American person she had ever met. Agnes says, "Evelyn is my very best friend. I didn't know what to expect, since I had never met or spoken with anyone of African American descent before this. It is awful what stories we create in our heads when we don't know the facts. Nothing I had imagined was true." Evelyn agreed. "My brother was a Marine and when he landed in the Philippines, the native folks were afraid. They had been told that people of African descent had tails!" Agnes and Evelyn joined hands and laughed as they looked at each other for

a moment. A moment without barriers or pre-conceived ideas; a moment of true and deep friendship.

Evelyn had been to a doctor near-by, came into our Home directly from the appointment and stayed. "This", Evelyn explains, "is why I had absolutely nothing with me. Sister Janet welcomed me in and Agnes clothed me! Little by little my things arrived from my family." In the meantime, Agnes got Evelyn off to a good start with some of her clothes.

Agnes will tell you affectionately that Evelyn bosses her

around and Evelyn will agree that she does. Evelyn chimes in, "I am trying to keep Agnes from going to the Little Store to buy more clothing. Do you see how many clothes Agnes has here?" Evelyn advises Agnes to "take some of the clothes back." Agnes says that she will. Evelyn states that she will not and Agnes says, "She is right; I really won't." The two burst into a warm laughter that only friends of the deepest connection can share. Both ladies agree that they keep each other in line. Agnes will tell you that Evelyn is honest and Agnes loves that about her. Evelyn will tell you that Agnes is a saint and she

loves her to infinity.

Agnes is 93 years old and Evelyn is 86 years old. Agnes will dangle her seniority over Evelyn and tell her to "mind herself" with a senior. Evelyn comes back with a quick comment and again the two are dissolving into laughter.

Agnes and Evelyn share their life stories in an ease of conversation we all wish we had with someone. When you are with Agnes and Evelyn, you cannot help but be drawn in. There are many friendships here at St. Augustine, and this one started with a blouse.



Evelyn and Agnes



“Take good care of the aged for in them you are taking care of Christ Himself”

Kim Wlutaker reflects on this Jeanne Jugan quote and it brings to her mind working with integrity and treating Residents with dignity. As a Physical Therapist, Kim consults with each Resident and develops a plan to strengthen muscles, increase flexibility and reduce pain if needed.

Proper techniques are reviewed while Kim teaches the use of our exercise equipment. Maintaining records on each Resident's individual journey is also part of Kim's day. Often, the Physical Therapists at the St Augustine Home form long and meaningful relationships with the Residents.

Both of Kim's parents have passed on. When her Mother was ill, she recalls long days and nights at her bedside. Most of the caregivers working with Kim's mother were kind and respectful. Others seemed to be irritated and in a rush. Kim brings that reflection to work each day. It influences the way

she relates to the Residents.

Kim says, “I speak to my Residents to build them up. I treat each Resident the way I would want my own Mom, Dad or Christ treated. After all, we will be accountable to Christ for our actions.”

A Good Night's Sleep



Here at the St. Augustine Home, we had a very busy and productive day! Employees from all areas of the home joined forces and became part of the excitement receiving and placing our new Hill-Rom beds. Sr. Celestine organized and recruited the workforce. Within a few hours, our old beds were gone and the new beds were being dressed with fresh linens by the ladies of the St. Augustine Guild.

Our beds have many wonderful features. They are position adjustable and have specialized hand rails offering our Residents independence, ease of use, and safety for our Res-

idents and those that care for them. This fully-functional high-low style model is able to raise and lower the head and legs using easy-to-operate controls and floor brakes for safety.

An automatic contour feature gives the bed a “surrounding” feeling, that forms itself around the Resident offering a superior support surface, outstanding comfort and protection. Our new mattresses contain air bladders which offset body stress points.

Even our Residents participated in the event today by rising a bit early to leave their rooms while the bed exchange was

happening. Residents participated in fun exercises led by Sr. Georgia and one of our Spring Into Service interns, Julia. The Residents were cheerful anticipating their new room feature!

The Residents feedback with the new beds has been very positive. Resident Larry said about his new bed, he had the best night sleep he has had in a long time and did not need medication to aid his sleep. Rita said she has had significant trouble with her back and legs at night and could not sleep, however, in the new bed, “I sleep very well with no pain at all!” Fannie reported, “Since I have had this new bed, I have

been sleeping so well. It is easy to change positions. If I want to roll from one side to the other, I just do it. I love my new bed!”

The Little Sisters of the Poor are happy to report that the old beds, having been removed by Hill – Rom, will be refurbished and sent to countries in need around the world.

The bed and mattress purchase and installation was made possible through detailed logistics and planning, muscle and team work, laughter and good cheer. And last but certainly not least, the fund raising efforts of The Community Foundation of Boone County/Avelena Fund, the Benefactors and attendees of our annual Christmas Celebration Dinner, the St. Augustine Guild through various fund raising events, and the efforts and contributions of a great many others. The Little Sisters wish to thank everyone who participated to make this great; that is a long list of people! Thank you for making this event seamless! And at the end of the day, the Residents were happy! Isn't that what it is all about?



20th Annual Swing Fore Seniors Golf Tournament

The morning of July 20th presented dark skies and blustery wind. With confidence, our St. Joseph statue was placed under the registration tent. One fast shower passed by and the skies brightened to a vibrant blue with puffy white clouds and a light cooling breeze prevailed. Thank you St. Joseph! PLAY GOLF!

Sr. Amy, Sr. Georgia, Sr. Cecilia and Sr. Celestine were in attendance. Barbara Smith and Erin, a volunteer from St. John Vianney Parish decorated the beverage carts in cheerful plumes of color. Nancy Molitor set up the auction items; Jersey Johnny was announcing; Larry Kaelin and family registered players and teams getting the day started.

The putting green contest was a popular event. Everyone enjoyed the lunch and dinner supplied by Capri Restaurant. Plenty of laughter ensued as both ladies and gents com-

prised teams that challenged one another to play the best game they could throughout the whole day. There was plenty of friendly competition and a spirit of overall fun across acres of green.

The Sisters and Spring Into Service girls sold mulligans and so on at the designated holes. Who could say no to the Sisters?! Carts were whizzing round all day serving beverages and snacks to keep the players and teams refreshed and comfortable.

Pat Sullivan ran our auction again this year doing an outstanding job of moving the auction along with some great humor and entertainment.

All in all, it was a very successful day of fellowship, some very good golf and support for the Little Sisters of the Poor. A great day for a great cause!



Swing Fore Seniors

Recreation

The role of all our staff in the Recreation Department is vital to our Residents' well-being. Our Foundress, Jeanne Jugan, said, "Take Good care of the aged for in them you are caring for Christ Himself." Our dedicated staff develop leisure programs to stimulate mind and body and promote social interaction for the Residents. The needs of our Residents are assessed, feedback from Residents, families, and other attending staff are all considered in the development of arts,

crafts, music, exercise, games and other social activities all to benefit each and every Resident.

A short while ago, our Residents enjoyed a Sock Hop, complete with decorations, music and food that flashed us back to the 1950's. Lots of beaming smiles, great dialog, memories and stories were shared as dancing and toe tapping got us moving! Water color classes stimulate the imagination and exercise visual and hand dexterity, Bingo is a

favorite and Wii Game opportunities are offered to everyone that would like to participate. You might find a Resident relaxing with friends watching the Victor Borge Film Festival celebrating 100 Years of music or taking a trip as a group to do a little shopping. Lanagan Hall, our largest Community Room held a Mardi Gras and Valentines Celebration. Card games, Men's Club and a trip to Cincinnati for a Chinese New Year Celebration are just a few of the exciting and engaging

opportunities our Residents look forward to each week. Staff member, Claire Thompson, knits with Residents while a volunteer comes to St. Augustine to teach anyone who wants to learn. Refreshments are served while the Residents knit, socialize and think about how they can partner with a NICU or a cancer treatment facility so they can donate their hand made items. Taking care of the aged brings things full circle, doesn't it?



“From a Humble Heart - A Great Wave of Charity”

We have begun our year of celebration marking the 150th anniversary of the arrival of the first Little Sisters on American



Mother Francis Gabriel, L.S.P.

soil. On September 13, 1868, eight Little Sisters of varying nationalities left their homeland forever to carry on the work of St. Jeanne Jugan in America to the many elderly in need. Today, 150 years later, we marvel at Divine Providence, who continues to reap blessings and gifts upon us which enables us to continue that work begun many years ago.

The generosity of so many people continues to fill us with gratitude. Like St. Jeanne Jugan and the first Little Sisters who

began her work in Indianapolis and many cities across the U.S., we continue to pray for our friends and benefactors for their selfless giving on behalf of God’s eldest children.

Throughout the year, our celebrations will be marked by the theme of this year ‘From a Humble Heart - A Great Wave of Charity’, recognizing St. Jeanne Jugan, and her spirit which propelled her work into being. As we celebrate this year, we invite you to join us for these special celebrations and

the life of our home culminating on August 30, 2019.

As we celebrate, we renew our dedication to serve the neediest elderly a century and a half later, and hope and pray that you will celebrate with us – in our life and service- as St. Jeanne Jugan did. You are a blessing to us in countless ways, and we look forward to you joining us as we celebrate. Blessed be God! Thank you, my God! Glory be to God!

M. Francis Gabriel, L.S.P.

Save the Date

- October 25: Fall Raffle Drawing
- November 2-3 : Christmas Bazaar Sale
- December 7: Christmas Celebration

Needs

- Office Supplies: paper, pens, clips
- Laundry Detergent and Kleenex
- Tree Maintenance Services
- Toiletries – denture cleaner, handwash, body wash, mouth wash
- Minivan Vehicle for Transportation

Volunteer Opportunities

You can discover the wisdom, beauty, and fun of our Residents through volunteering.

Current Volunteer Opportunities:

- Assisting with serving Residents’ meals
- Providing transportation
- Assisting with Residents’ Activities
- Hidden Services: cleaning, painting, kitchen support, folding, baking, sewing

Contact our Volunteer Coordinator Pamela Smoot at 317-415-5767 or volindianapolis@littlesistersofthepoor.org

